

# DAILY CLEANING CHECKLIST FOR HIGH-TOUCH AREAS

Mon    Tue    Wed    Thu    Fri    Sat    Sun

## SUPPLIES:

- Gloves, if you have them and prefer to use them
- Household cleaner/paper towels  
OR
- Disinfecting wipes  
(look for "kills 99.9%" on the label of either cleaner or wipes)

## STEPS:

1. Wash hands
2. Put on gloves, if you have them
3. Soak paper towel with cleaning solution (or get a disposable wipe)
4. Wipe down surfaces, using the checklist below; do the bathroom(s) last
5. If wearing gloves, wash gloved hands with soap and water
6. Remove gloves and allow them to air dry
7. Wash hands again

## SURFACES TO CLEAN INSIDE YOUR HOME:

- Doorknobs
- Light switches
- Eating surfaces
- Popular drawers
- Kitchen faucet
- Refrigerator
- Dining/kitchen chair backs
- Remotes & Electronics
- Other: \_\_\_\_\_  \_\_\_\_\_
- \_\_\_\_\_  \_\_\_\_\_
- \_\_\_\_\_  \_\_\_\_\_
- Bathroom faucet(s)
- Bathroom flusher(s)